## BOWLING - FIVE PIN

## NOTE:

Candlepin will replace 5-Pin as a Mandatory event when the Games are held in NB or NS. Duckpin will replace 5-Pin as a Mandatory event when the Games are held in QC.

All participants must be at least 55 years of age by December 31 of the year of the Games.
AGE CATEGORIES / EVENTS:

| AGE | EVENTS | NUMBER OF PARTICIPANTS <br> PER PROVINCE/TERRITORY |
| :---: | :---: | :---: |
| $55+$ | Women (Singles - Scratch) | 2 |
| $65+$ | Women (Singles - Scratch) | 2 |
| $75+$ | Women (Singles - Scratch) | 2 |
| $85+$ | Women (Singles - Scratch) | 2 |
|  |  | 2 |
| $55+$ | Men (Singles - Scratch) | 2 |
| $65+$ | Men (Singles - Scratch) | 2 |
| $75+$ | Men (Singles - Scratch) | 2 |
| $85+$ | Men (Singles - Scratch) | 10 |
| $55+$ | Open Team - (POA) | 10 |
| $65+$ | Open Team - (POA) | 10 |
| $75+$ | Open Team - (POA) | 10 |
| $85+$ | Open Team - (POA) | 2 |

## RULES INFORMATION:

Canadian 5 Pin Bowlers Association Rules will apply.

1. A round robin format will be used depending on the number of entries.
2. Each team must consist of five bowlers and may consist of any combination of men or women.
3. The top three female and the top three male participants in each age category with the highest Scratch scores will be awarded medals.
4. Teams P.O.A.: The top three teams in each age category with the most pins over average will be awarded medals.
5. For bowlers who are accustomed to normally playing Candlepin, a conversion chart to convert Candlepin averages to 5-Pin averages is included below.

| Candlepin averages to 5-pin averages Conversion chart |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\frac{\text { CANDLEPIN }}{}$ AVE. | Factor | $\frac{5 \text { PIN }}{\text { AVE. }}$ | $\frac{\text { CANDLEPIN }}{\text { AVE. }}$ | Factor | 5 PIN AVE. |
|  | 120 | 1.9 | 228 | 94 | 1.9 |
| 119 | 1.9 | 226.1 | 178.6 |  |  |
| 118 | 1.9 | 224.2 | 93 | 1.9 | 176.7 |
| 117 | 1.9 | 222.3 | 91 | 1.9 | 174.8 |
| 116 | 1.9 | 220.4 | 90 | 1.9 | 172.9 |
| 115 | 1.9 | 218.5 | 89 | 1.9 | 171 |
| 114 | 1.9 | 216.6 | 88 | 1.9 | 167.1 |
| 113 | 1.9 | 214.7 | 87 | 1.9 | 165.3 |
| 112 | 1.9 | 212.8 | 86 | 1.9 | 163.4 |
| 111 | 1.9 | 210.9 | 85 | 1.9 | 161.5 |
| 110 | 1.9 | 209 | 84 | 1.9 | 159.6 |
| 109 | 1.9 | 207.1 | 83 | 1.9 | 157.7 |
| 108 | 1.9 | 205.2 | 82 | 1.9 | 155.8 |
| 107 | 1.9 | 203.3 | 81 | 1.9 | 153.9 |
| 106 | 1.9 | 201.4 | 80 | 1.9 | 152 |
| 105 | 1.9 | 199.5 | 79 | 1.9 | 150.1 |
| 104 | 1.9 | 197.6 | 78 | 1.9 | 148.2 |
| 103 | 1.9 | 195.7 | 77 | 1.9 | 146.3 |
| 102 | 1.9 | 193.8 | 76 | 1.9 | 144.4 |
| 101 | 1.9 | 191.9 | 75 | 1.9 | 142.5 |
| 100 | 1.9 | 190 | 74 | 1.9 | 140.6 |
| 99 | 1.9 | 188.1 | 73 | 1.9 | 138.7 |
| 98 | 1.9 | 186.2 | 72 | 1.9 | 136.8 |
| 97 | 1.9 | 184.3 | 71 | 1.9 | 134.9 |
| 96 | 1.9 | 182.4 | 70 | 1.9 | 133 |
| 95 | 1.9 | 180.5 | 69 | 1.9 | 131.1 |

6. Proof of averages for POA must be submitted to your prov./terr. Director.
7. In the event of a tie, there will be a one game tiebreaker.

## 8. SCORING

The averages of all games played by each participant will be used to determine the final standings in both Singles and Team play.

Dependant on the number of lanes available, this event may have to be extended into an evening. Each bowler (in Singles and in Teams), should expect to be scheduled to bowl, at the very minimum, 4 games.

## 9. POA

If a participant doesn't have a POA, the average assigned for males is 180 and females is 150 .

## Note 1:

5-Pin Bowling is played in most of the member provinces/territories;
however, in NB and NS, Candlepin is the primary bowling game played and in QC it is Duckpin. When the Canada Games are played in NB, NS or QC; Candlepin or Duckpin, as appropriate, will replace 5-Pin as one of the Mandatory Events.

## Note 2:

Scheduling may or may not permit participants to play in both the singles and team bowling events. The Host is to ensure that provinces/territories are advised as soon as known as to whether singles bowling and team bowling will be conducted concurrently or separately.

It is also essential that Province/Territory Directors inform the Host as soon as possible as to whether they have bowlers that plan on bowling in both singles and team 'IF' this can indeed be accommodated.

Team Participants may ONLY play in the singles event if it can be accommodated by the Host, AND if the number of participants per province/territory/per age category does not exceed the singles limit of 2 men and 2 women.

## BOWLING - CANDLEPIN

All participants must be at least 55 years of age by December 31 of the year of the Games.

## AGE CATEGORIES / EVENTS:

| AGE | EVENTS | NUMBER OF PARTICIPANTS PER PROVINCE/TERRITORY |
| :---: | :---: | :---: |
| 55+ | Women (Singles - Scratch) | 2 |
| 65+ | Women (Singles - Scratch) | 2 |
| 75+ | Women (Singles - Scratch) | 2 |
| 85+ | Women (Singles - Scratch) | 2 |
| 55+ | Men (Singles - Scratch) | 2 |
| 65+ | Men (Singles - Scratch) | 2 |
| 75+ | Men (Singles - Scratch) | 2 |
| 85+ | Men (Singles - Scratch) | 2 |
| 55+ | Open Team (POA) | 10 |
| 65+ | Open Team (POA) | 10 |
| 75+ | Open Team (POA) | 10 |
| 85+ | Open Team (POA) | 10 |
| MAXIMUM NUMBER OF PARTICIPANTS PER PROVINCE / TERRITORY = 56 |  |  |

## RULES INFORMATION:

International Candlepin Bowling Association Rules will apply.

1. A round robin format will be used depending on the number of entries.
2. Teams must consist of five bowlers and may consist of any combination or men or women.
3. Singles Competition. The top three female and the top three male participants in each age category with the highest scratch score will be awarded medals.

NOTE: For bowlers coming from outside of NB and NS, a conversion chart is included below that will allow conversion of 5-Pin averages to Candlepin averages. If your 5-Pin average is not shown on the chart, use a conversion factor of .526 to determine your Candlepin average. A good 5-pin bowler should fare well at Candlepin if they remember that deadwood may be their best friend and that a score of 100 is not too bad!

| 5-Pin averages to Candlepin averages Conversion chart |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & 5 \text { PIN } \\ & \text { AVE. } \end{aligned}$ | Factor | $\frac{\text { CANDLEPIN }}{\text { AVE. }}$ | $\begin{aligned} & 5 \text { PIN } \\ & \hline \text { AVE. } \end{aligned}$ | Factor | CANDLEPIN AVE. |
| 220 | 0.526 | 115.8 | 186 | 0.526 | 97.9 |
| 219 | 0.526 | 115.3 | 185 | 0.526 | 97.4 |
| 218 | 0.526 | 114.7 | 184 | 0.526 | 96.8 |
| 217 | 0.526 | 114.2 | 183 | 0.526 | 96.3 |
| 216 | 0.526 | 113.7 | 182 | 0.526 | 95.8 |
| 215 | 0.526 | 113.2 | 181 | 0.526 | 95.3 |
| 214 | 0.526 | 112.6 | 180 | 0.526 | 94.7 |
| 213 | 0.526 | 112.1 | 179 | 0.526 | 94.2 |
| 212 | 0.526 | 111.6 | 178 | 0.526 | 93.7 |
| 211 | 0.526 | 111.1 | 177 | 0.526 | 93.2 |
| 210 | 0.526 | 110.5 | 176 | 0.526 | 92.6 |
| 209 | 0.526 | 110.0 | 175 | 0.526 | 92.1 |
| 208 | 0.526 | 109.5 | 174 | 0.526 | 91.6 |
| 207 | 0.526 | 108.9 | 173 | 0.526 | 91.1 |
| 206 | 0.526 | 108.4 | 172 | 0.526 | 90.5 |
| 205 | 0.526 | 107.9 | 171 | 0.526 | 90.0 |
| 204 | 0.526 | 107.4 | 170 | 0.526 | 89.5 |
| 203 | 0.526 | 106.8 | 169 | 0.526 | 88.9 |
| 202 | 0.526 | 106.3 | 168 | 0.526 | 88.4 |
| 201 | 0.526 | 105.8 | 167 | 0.526 | 87.9 |
| 200 | 0.526 | 105.3 | 166 | 0.526 | 87.4 |
| 199 | 0.526 | 104.7 | 165 | 0.526 | 86.8 |
| 198 | 0.526 | 104.2 | 164 | 0.526 | 86.3 |
| 197 | 0.526 | 103.7 | 163 | 0.526 | 85.8 |
| 196 | 0.526 | 103.2 | 162 | 0.526 | 85.3 |
| 195 | 0.526 | 102.6 | 161 | 0.526 | 84.7 |
| 194 | 0.526 | 102.1 | 160 | 0.526 | 84.2 |
| 193 | 0.526 | 101.6 | 159 | 0.526 | 83.7 |
| 192 | 0.526 | 101.1 | 158 | 0.526 | 83.2 |
| 191 | 0.526 | 100.5 | 157 | 0.526 | 82.6 |
| 190 | 0.526 | 100.0 | 156 | 0.526 | 82.1 |
| 189 | 0.526 | 99.5 | 155 | 0.526 | 81.6 |
| 188 | 0.526 | 98.9 | 154 | 0.526 | 81.1 |
| 187 | 0.526 | 98.4 | 153 | 0.526 | 80.5 |

4. Team Competition: The top three teams in each age category with the best average will be awarded medals.
5. In the event of a tie, there will be a one game tiebreaker.
6. The decision as to whether bowlers playing singles can also participate on the team bowling will depend on the number of lanes available and as to whether singles bowling can be conducted separately from the team bowling. The Host will inform the CSGA as soon as possible whether the schedule will allow for both events to be run separately. If this is possible, then bowlers playing singles may also play on a team.

Team Participants may ONLY play in the singles event if it can be accommodated by the Host, AND if the number of participants per province/territory/per age category does not exceed the singles limit of 2 men and 2 women.

## INTRODUCTION TO CANDLEPIN BOWLING

The sport of Candlepin is a bowling game unique to the Canadian Maritime provinces and New England. It is an exciting skilful sport, requiring minimal physical strength while demanding great timing, dexterity and patience of the bowler. It is a sport enjoyed by all, young and old, strong and handicapped, male or female. Further information on it can be found at www.bowlcandlepin.com. However, as many of the bowlers may not have had the opportunity to watch this version of the game, let alone play it, the following is a ready reference to the main aspects of the game.

## SCORING

Candlepin bowling, although using a ball just slightly smaller than a five-pin ball, consists of 10 pins, or sticks, and thus is scored in the same manner that 10 pin bowling is scored. Therefore, the maximum score is 300 , but be forewarned, no one has ever officially recorded a perfect game - in fact the highest recorded score is in the low 250's. The other thing that must be remembered is that 'deadwood' on the alley is in play, and often with proper foresight, can be used by the bowler to their advantage.

## PLAYING RULES AND REGULATIONS

## BALL RULES

1. FAIRLY DELIVERED BALL: A ball is fairly delivered when in its forward motion it touches the playing area before the 10 ft . lob line. Any ball touching down beyond the 10 ft . lob line is deemed a foul.
2. FAIR CONTACT: A ball shall be considered to have made fair contact only when it strikes a standing pin or playable wood before it (the ball) leaves the lane. A ball otherwise shall be considered foul and shall suffer the same penalties as for a GUTTER BALL.

## 3. REBOUNDING BALLS:

a) Should any ball, after making fair contact, for any reason rebound from any object on the deck or pit area, the pins so downed shall count in the scoring.
b) If the ball did not make fair contact, the pins shall not count in the score.
4. GUTTER BALL: If a ball leaves the lane without making fair contact and comes back knocking down pins; the pins downed by that ball shall not count in the scoring. Only pins downed by fair contact shall count.
a) If the first ball is foul and comes back to down pins, the pins shall be reset, and the bowler shall forfeit that ball and count only the pins downed fairly with the next two balls. (The first ball is considered foul even if no pins are downed by it).
b) If the first and second balls are foul and come back to knock down pins, the pins shall be rest after each ball, the bowler forfeits both balls and shall count only the pins downed by the third ball.
c) If the first and third balls are foul, but the second is fair, the player shall only count the pins downed by the second ball.
d) If all three balls are foul, the player shall score zero (0) for the frame.
e) If the first ball is fair and the second and/or third balls are foul, the pins shall not be reset. The player will forfeit all pins downed by the foul ball or balls and score only those downed by the balls that were fair. If no pins are left standing by the foul action of the second ball, the player shall score only those pins downed by the first ball.
5. EXTRA BALLS: Rolling extra balls in any frame will constitute a foul and the bowler will receive zero (0) for that frame.
6. BOWLERS DROPPING BOWLING BALLS DELIBERATELY on the approach shall be warned and if a second offence occurs, the bowler shall be penalized under the deliberate foul rule.

## PIN AND DEADWOOD RULES

1. DOWNED PINS - DEADWOOD LINE: All downed pins, called wood, remaining on the lane entirely behind the deadwood line are live and playable. Those touching or forward (toward the bowler) of the deadwood line are dead and shall be removed. Wood shall be judged live or dead only after it has stopped moving.
2. QUESTIONABLE DEADWOOD: Any questionable deadwood shall be removed by a designated official.
3. PIN - PIT AREA: A pin that sticks up out of the pit area is not playable.
4. WOOD - ACROSS PLATE AND GUTTER: Where wood is partly on the plate or lane and partly in the gutter, the ball must make fair contact with the wood while the ball is still touching the lane for any pins downed to count in the scoring.
5. BALL HITS DEADWOOD IN GUTTER AND CORNER PIN: If a ball makes contact with wood in the gutter (deadwood) at the same time as making fair contact with a
corner pin or playable wood, the pins downed by such action shall count.
6. DOUBLE DEADWOOD IN THE GUTTER: When there is double deadwood in the gutter, it shall remain.
7. REBOUNDING PINS: Pins knocked down by pins rebounding from the sidewall, machine, rear cushion or any other object in the deck or pit area shall count as pins down.
8. PIN DOWNED, THEN STAND UP: If a downed pin is caused to stand erect again in the playing area, it shall be judged as down and shall remain on the lane to be played as wood.
9. PINS THAT FALL AFTER THE RESET BUTTON IS PRESSED, or the pinsetter sweep is in motion, shall not count.
10. MOVING WOOD: A bowler must wait until all wood has halted motion under penalty of foul. (Pins felled by ball shall not count). However, if the wood has apparently stopped rolling and then starts rolling again while the player is in the act of delivering the ball, or while the ball is in motion, there shall be no penalty.
11. PINS FALL BEFORE FAIR CONTACT: If a pin or pins fall after the ball is fairly delivered but before making fair contact, the following shall apply:
a) ON FIRST BALL: The bowler resets and is entitled to three balls in the frame.
b) ON SECOND OR THIRD BALL: Bowler is credited with making fair contact. (Example: Bowler knocks down nine pins with the first ball. Second ball is fairly delivered but before making contact, the remaining pin falls over. The bowler is credited with a SPARE).

## FOUL RULES

1. FOUL LINE RULE: A player in delivering the ball must not let his action cause him to slide over, step on or over the foul line, nor permit any part of his body or clothing to come into contact with the lanes, gutters, ball returns, division boards, walls, uprights or floors which are beyond the foul line, at any time after the ball passes over and beyond the foul line, nor until he shall have picked up a ball and completed his succeeding delivery, under penalty of foul. (See foul line and lob line penalty).
a) Any object which falls from the pocket or person of a bowler shall not constitute a foul.
b) Bowlers are not allowed beyond the foul line under any circumstances.
c) When a bowler, while in possession of a ball accidentally fouls while taking a practise slide, the bowler will lose that ball. The penalty is the same as the foot foul rule.
2. LOB LINE RULE: Bowling is a game of rolling, not throwing balls. Any ball that does
not, in its forward motion, touch the playing area before the lob line, shall be considered a lobbed ball and shall suffer the foul penalty. See foul line and lob line penalties below. Continuous infractions of this rule will result in disqualification.
3. FOUL LINE AND LOB LINE PENALITIES are the same as for gutter balls.
4. CLEARED GUTTERS: Both gutters must be cleared of any pins or balls before the first ball is delivered in any frame. The penalty is the same as if the first ball is a foul.

## ETIQUETTE

Like duelling, Candlepin bowling requires a certain degree of savoir faire before one attempts to kill their opposition. A few of the basic laws of etiquette are as follows:
a. Before you throw the first ball of the first game, shake hands with the person in the adjoining lane. Remember this person well, as you will be bowling beside them for the entire game (unless there are an unequal number of bowlers on the two lanes).
b. Bowlers bowl two frames at a time on the same lane, and then on the following turn switch lanes to bowl the next two frames, and so on.
c. The bowler on the right-hand lane will normally bowl his first ball before the bowler in the left lane does. Depending on the speed of the two bowlers, this is not necessary for the remaining balls, but bowlers should try to avoid delivering their ball while their opposing bowler is delivering theirs.

## TEAM COMPOSITION

1. Teams may consist of any combination of men and women.
2. The age bracket for a team is determined by the age of the youngest bowler on the team. For example, if four men all aged 75+ team up with a younger woman of the age of 55 , they must bowl in the 55-64 age category - and they will be HAPPY!

## BOWLING - DUCKPIN

All participants must be at least 55 years of age by December 31 of the year of the Games.

## AGE CATEGORIES / EVENTS:

| AGE | EVENTS | NUMBER OF PARTICIPANTS <br> PER PROVINCE/TERRITORY |
| :---: | :---: | :---: |
| $55+$ | Women (Singles - Scratch) | 2 |
| $65+$ | Women (Singles - Scratch) | 2 |
| $75+$ | Women (Singles - Scratch) | 2 |
| $85+$ | Women (Singles - Scratch) | 2 |
|  | Men (Singles - Scratch) | 2 |
| $55+$ | Men (Singles - Scratch) | 2 |
| $65+$ | Men (Singles - Scratch) | 2 |
| $75+$ | Men (Singles - Scratch) | 2 |
| $85+$ | Open Team (POA) | 10 |
|  | Open Team (POA) | 10 |
| $55+$ | Open Team (POA) | 10 |
| $65+$ | Open Team (POA) | 10 |
| $75+$ | $85+$ | MAXIMUM NUMBER OF PARTICIPANTS PER PROVINCE / TERRITORY = 56 |
|  |  |  |

## RULES:

Duckpin bowling has rules similar to ten-pin bowling, but is scored like Candlepin bowling. In a 10 -frame game, bowlers try to knock down pins in the fewest rolls per frame. Bowlers have three balls per frame, instead of two in ten-pin bowling, to knock over a set of 10 pins. If a bowler knocks down all 10 pins with their first roll in a frame, it is scored as a strike. If all the pins are knocked down in two rolls, the bowler has made a spare. If all the pins are knocked down in three rolls, the bowler gets 10 points, as in candlepins, with no bonus. If pins are still standing after the third ball, the bowler gets one point for each pin knocked down.

In the case of a strike, the bowler gets 10 points plus the total number of pins knocked down with the next two balls rolled, for a maximum of 30 points. In the case of a spare, the bowler gets 10 points plus the number of pins knocked down with the next ball, for a maximum of 20 points. If it takes three balls to knock down all 10 pins, the bowler gets 10 points, with no bonus. A bowler's final score is the sum of the points earned over 10 frames (a spare or a strike in the tenth frame earns one or two rolls respectively).
The maximum possible score is 300 points, which is accomplished by rolling 12 strikes in a row.

The variant of this game played in Quebec is called rubber band duckpins. The pins are circled with hard rubber bands to increase action and scoring. Bowlers tend to throw slowly with their fingers facing forward to give the ball backspin. There have been perfect games
bowled in rubber band duckpin. Since it is easier to knock down pins in rubber band duckpin than in regular duckpin its rules are identical to those of standard ten-pin bowling.

Separate conversion charts from 5-Pin/Candlepin to Duckpin in order to convert averages for POA will be established once proper data has been collected.

## COMPETITION:

1. A round robin format will be used depending on the number of entries.
2. Singles Competition: The top three female and the top three male participants in each age category with the highest scratch average score will be awarded medals.
3. Team Competition: The top three teams in each age category with the best average will be awarded medals.
4. In the event of a tie, there will be a one game tiebreaker.
5. The decision as to whether bowlers playing singles can also participate on the team bowling will depend on the number of lanes available and thus as to whether singles bowling can be conducted separately from the team bowling. The Host will inform the CSGA as soon as possible whether the schedule will allow for both events to be run separately. If this is possible, then bowlers playing singles may also play on a team.

Team Participants may ONLY play in the singles event if it can be accommodated by the Host, AND if the number of participants per province/territory/per age category does not exceed the singles limit of 2 men and 2 women.

## TEAM COMPOSITION:

1. Teams must consist of five bowlers and may consist of any combination of men or women.
2. The age bracket for a team is determined by the age of the youngest bowler on the team. For example, if four men all aged $75+$ team up with a younger lady of the age of 55, they must bowl in the 55-64 age category).
